

Located on the concourse of the
Empire State Plaza
Albany, New York

Hours
Monday through Friday
8 am - 4 pm

call us at:
518-463-1768

email us at:
practicalmagictea@gmail.com

online at:
www.practicalmagictea.com

facebook:
Practical Magic Tea

*Disclaimer: Information provided
on potential health benefits of teas
have not been evaluated by the U.S.
Food & Drug Administration.
The information is not intended to be
used to diagnose, treat, cure or
prevent any disease.*



October 2017

MIND

BALANCE CF*G*H*O

Gunpowder rolled green tea balanced with peppermint

ENERGY CF*H*O

Coffee-like - dark, bitter and sweet

GROUNDING C*B*O

PU-ERH, smooth and rich with earthy flavors

GROW C*G

Hand-rolled pearls of tea, infused with the sweet scent of jasmine petals

JADE C*B&G

Flowery, bright, citrus oolong

MATCHA C*G

Bright, fresh, velvety

MOONLIGHT C*W

Caramel colored with rich honey flavor and a white chocolate finish

LARGE \$3.50

SMALL \$3.00

ICED TEA \$3.50

BODY

BRIGHT CF*R

Bright, sweet, chocolately – cocoa shells and nibs with peppermint

DRAGONWELL C*G

Roasted chestnut aroma and taste with a sweet honeydew finish

EXPAND C*G

Sencha – with the aroma of spring fiddleheads and vegetal flavors

EXTRAORDINARY CF*H*O

Rooibos and yerba mate, lemon balm & ginger help with allergies

GINGER LEMON CF*H

Pungent, zesty, sweet with ginger, linden and marigold flowers and lemongrass

GINGER PEACH B*C

Sweet & spicy with ginger, marigold flowers and peach flavor

HARMONY CF*H*O

Hibiscus, spearmint and peppermint

JOY CF*H*O

Lemongrass and lemon myrtle with ginger

MOMENTUM C*B

Darjeeling with notes of cherrywood and sweet citrus

ORIGINAL CHAI C*B

Cardamom, cinnamon, cloves and ginger

PEACE CF*H*O

Licorice root, ginger and peppermint

PROTECT C*B*O

Irish Breakfast, hearty malt flavor

PURIFY H*O*R

Orange peel, nettle, dandelion and alfalfa leaf, plantain, red clover, and peppermint

SPICY CHAI

Ginger, cardamom, cinnamon, cloves, allspice, nutmeg and peppercorns

VANILLA CF*R

Rich vanilla rooibos

YERBA MATE

Bold, authentic, woody

SOUL

BEAUTY C*O*W

Fallen leaves, toasted grain & ripe apples

CALM C*B*O

Earl Grey with bergamot & blue cornflower petals

IRON GODDESS C*B&G

Fruity, roasted chestnut oolong

LOVE CF*H*O

Red raspberry leaf, rosehips, hibiscus, chamomile, ginger and peppermint leaf

RELAX CF*H*O

Fresh, whole, relaxing chamomile flower from Egypt

SACRED CF*H

Slightly spicy and peppery with cinnamon notes

SERENITY CF*H*O

Chamomile flowers from Egypt and Lavender Petal from France. Rich in antioxidants, soothing and relaxing

SLEEPY CF*H

Red raspberry leaf, chamomile and rose hips with hints of cinnamon

VIBRANCY CF*H*O

Peppery turmeric and tart rose hips, orange peel, apple, apricot, coriander, turmeric, and natural mango and papaya flavor